

# PENNRIDGE COMMUNITY CENTER

# NEWS and VIEWS

JULY / AUGUST 2020

## From Your Center Manager

Hi Everyone,

We do not have much information on when we will be re-opening. When we know more, I will call every member and give you the details. We will also put any current information on our web site, [pennridgecenter.org](http://pennridgecenter.org). We miss you as much as we know you miss us. I am used to our Center being very busy and to see it without our members is very sad. I have received many calls in regards to this year's produce vouchers. We put the guidelines and application on our web site. There is also a copy in this newsletter for those of you who don't have access to a computer or printer. If you qualify for the vouchers you will send the application to the address on the application. Once approved by the Bucks County Area Agency on Aging they will mail you your vouchers. There are four vouchers each worth \$6.00.

The Bucks County Area Agency on Aging has put together a care package for our members. Only members will receive this package. Once we know when we will receive these packages, we will let you know. As of now we do not have a date as to when we will be receiving these packages. We will be giving them out outside our Center. You can only pick up **your** package and we are requiring that you wear a mask. The package will include the items listed below.

### Box contents to include:

fanny pack;  
reusable forehead thermometer;  
tissue pack; and  
the following items (15.10 oz. total weight) supplied by BCAA:  
1 bottle hand sanitizer, 4 oz.;  
1 surgical face mask;  
1 pill box (plastic, 6"x 1"x1.25");  
1 tote bag  
3 Deterra drug disposal bags (9.75" x 5.5"; volume = approx. 2.25 cu. in. per bag);  
4 single page flyers/brochures

I would like to thank the following people for their generous monetary donation. Pat Capaldi, Susan (Beth) and Scott Mosser. Your support is really appreciated. We have applied for many grants and to date we have not qualified for any of them. Your donations will be put to good use!

I want everyone to know that there isn't a day that goes by that we don't think about you. If you need anything please give us a call at 215-453-7027. Even if you just want to talk, we are here for you. Enjoy the sunshine and all the wonderful things that we do have and are thankful for.

*Peggy Lewis, Manager*

### NORMAL HOURS OF OPERATION:

Monday - Friday 9:00 am to 3:00 pm

*(Some evening hours as noted)*

Lunch is at 11:30 am

MANAGER: PEGGY LEWIS | ASSISTANT MANAGER: CAROL KUHN

*Our Center is governed by*

**BUCKS COUNTY ASSOCIATION FOR RETIRED AND SENIOR CITIZENS**

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## DEVELOPMENT OF OUR MISSION STATEMENT

The core principles that guide us are compassion, volunteerism, fellowship, and action. We exist to provide services and support using fundraising to support our programs. We provide information and resources and activities in such areas as education, entertainment, and nutrition, health and travel. Our customers are adults 55+ in the broad community of Pennridge School District, as well as community businesses and groups that support our goals. We also provide a clean, healthy, and safe environment for all to enjoy, "This project is funded, in part, under a contract with the Pennsylvania Department and the County of Bucks."

### EXECUTIVE BOARD

Ted Heimbach - President  
Lowell Musselman - 1<sup>st</sup> VP  
Carol Shultz - 2<sup>nd</sup> VP  
Sandra Nyman - Treasurer  
Carol Tyson - Secretary  
Pat Siwert & Susan Vasquez -  
Members-at-Large

### ADVISORY BOARD

Dawn Baum	Lowell Musselman
John Greer, III	David Nyman
Patricia Guth	Elizabeth Schirmer
Ted Heimbach	Carol Shultz
Alice Kachline	Patricia Siwert
Peggy Lewis	James Steeley
Connie Moyer	Joel Steinman
Kristen Murphy	Raymond Weider
	'Bud' Wenger *

\* - Deceased

### EMERITUS MEMBER

Herman Slozer

## WELCOME TO OUR NEW MEMBERS!

Over the past months we have had many new members for 2020. This is great for the Center, and we welcome all members back to the Center, both new and renewals.

For those renewal members, we also hope you will welcome the new members and help them get acclimated to the Center and all that goes with it!

## From your President

As you know, we're still not open. We all wish we were, but it will take time to ready the Center with new rules in place. We will let you know in advance of re-opening, but for now, we remain closed.

And just to let you know, the Executive Board has kept in touch to discuss the pertinent Board items are being reviewed.

We all need to get out and enjoy the summer, but once more, we need to adjust to the new guidelines we have. So please be patient and safe.

And I'd like to wish all a safe and happy Fourth of July!

*Ted Heimback, President*

## Healthy Eating on a Budget

Jenny Koscho RDN LDN CDCES Outpatient Registered Dietician, GVH

- Plan, Plan, Plan. You need a plan to follow! That means thinking of what you will be eating for the week for meals and snacks and making a list.
- Determine where to shop. See the store's weekly mail clipping, store websites, and store apps to see what is on sale and best prices.
- Shop for fruits and vegetables that are in season.
- Buy fruits and vegetables in the freezer section. The cost of frozen produce is usually much less.
- Buy fruits and vegetables in cans. Look for canned vegetables that say "no added salt", often the grocery store brand carries these. Look for fruits canned in water or juice, not heavy syrup.
- Focus on nutritious foods that are less expensive. Look for recipes to include beans, peas, lentils, sweet potatoes, eggs, peanut butter, canned salmon, canned tuna, and grains such as oats, brown rice, barley or quinoa.
- Cook more, eat out less often. Often you can make a meal for 4 people for under \$20 whereas

## What a great group of Managers

I want to send a shout out to the following Centers who are also governed by (BCARSC) Bucks County Association for Retired and Senior Citizens. In the past few months, we have relied on each other for many things. We are all doing our best as Managers to keep our Centers running with no financial support and to also stay connected with our Members. We have become a huge support system for each other as well sharing our expertise with each other. I am so thankful for the camaraderie we have with each other. So, if you ever get a chance to visit these Centers in the future please do so. You will be welcomed with kind and open hearts. The Managers and Centers are listed below.

Neshaminy Activity Center, Managing Director, Robin Schenk

Upper Bucks Senior Center, Manager, Susan Bessie

Central Bucks Senior Activity Center, Manager, Sheila Rodney

Thank You, Peggy Lewis, Manager Pennridge Community Center

## Bake-less Bake Sale

With our Center being closed since March, we are not receiving any income, as the Center is completely closed for everything except for providing meals to those who are already on the Meal program. One of our Members suggested we have a Bake-less Bake Sale. How it works is you give a monetary donation for what it would cost you to make a cake or buy a cake. Whatever you can give is needed and much appreciated.

### **Send checks to:**

Pennridge Community Center (name on check to)

146 East Main Street

Perkasie, Pa. 18944

## Lottery Calendars

Every year our Center sells lottery calendars starting in February. Congratulations to the winners to—date.

April 15 <sup>th</sup> Frank Savage	\$50.00	May 11th Marge Davis	\$25.00
April 19 <sup>th</sup> Marge Davis	\$25.00	May 15th Sandy Nyman	\$25.00
April 20 <sup>th</sup> Tim Baum	\$25.00	May 23rd Kathryn Marcavage	\$25.00
April 26 <sup>th</sup> Dawn Baum	\$25.00	June 13th Joe Marcavage	\$25.00
May 2 <sup>nd</sup> Nancy Mehly	\$25.00	June 16th Jim Cronmiller	\$25.00
May 3 <sup>d</sup> Sue Overbaugh	\$25.00		

## Bucks County Area Agency on Aging 2020 Senior Farmers Market Produce Vouchers

Due to Covid-19, farmers market produce vouchers will be mailed directly to the home this year. As in prior years, each eligible person will be provided with four vouchers. However, for 2020 the value of each value has been increased to \$6, allowing for a total benefit of \$24 per person. Due to the social distancing practices necessitated by the COVID-19 pandemic, vouchers will be applied for, and distributed, as described in the following procedure.

- A person who wishes to receive vouchers must complete a written application.
- All information (including street address, county, race and ethnicity) must be completed in order for the application to be approved.
- The applicant's name must be both printed and signed.
- Applications must be sent to the Area Agency on Aging.
- The Agency will mail vouchers within two weeks of receiving an application.
- Two applicants living in the same household use one application.
- All applications are due by September 16<sup>th</sup>.
- No vouchers will be mailed after September 30<sup>th</sup>.
- Vouchers can be redeemed without the need for a proxy form.
- An application can be emailed or faxed to a family member or friend?

### The 2020 household income eligibility is:

1 person - \$23,606	4 people - \$48,470	7 people - \$73,334
2 people - \$31,894	5 people - \$56,758	8 people - \$81,622
3 people - \$40,182	6 people - \$65,046	

Applications are available at <http://www.buckscounty.org/government/>

[HumanServices/AAA](#) or by calling 267-880-5700.

**Completed applications must be mailed, emailed or faxed to:**

**Bucks County Area Agency on Aging**

**30 E Oakland Ave.**

**Doylestown, PA 18901**

**Email: [AAAVouchers@buckscounty.org](mailto:AAAVouchers@buckscounty.org)**

For Office Use Only

Application \_\_\_\_\_

COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF AGRICULTURE  
SENIOR FARMERS' MARKET NUTRITION PROGRAM

2020 Application Form

To qualify you must be 60 or older (or turn 60 by 12/31/2020) and meet the household income guidelines.

For Office Use Only

Application \_\_\_\_\_

COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF AGRICULTURE  
SENIOR FARMERS' MARKET NUTRITION PROGRAM

2020 Application Form

To qualify you must be 60 or older (or turn 60 by 12/31/2020) and meet the household income guidelines.

**RIGHTS AND RESPONSIBILITIES**

I certify that the information I have provided below for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

By signing this, I acknowledge that my total household income is within the Income guidelines: \$23,606 for 1 person in the household; or \$31,894 for 2 people in the household and that I am 60 years old or older (or will turn 60 by December 31, 2020).

1<sup>st</sup> Participant Name (print): \_\_\_\_\_ Birth date \_\_\_\_\_

(Person checks are for)

\_\_\_\_\_  
(Signature)

2nd Participant Name (print): \_\_\_\_\_ Birth Date \_\_\_\_\_

(Person checks are for)

\_\_\_\_\_  
(Signature)

Address (print): \_\_\_\_\_

Telephone Number: \_\_\_\_\_ County you live in \_\_\_\_\_

**Continued on next page . . .**

## Continued from previous page

Please circle the most appropriate identifier for each:

**Ethnicity:** Hispanic or Latino Not Hispanic or Latino

**Race:** American Indian or Alaskan Native Asian Black or African American  
Native Hawaiian or other Pacific Islander White

If more responses are received than funding allows you will be notified by mail.

Please mail or email your completed form before September 23, 2020 to:

**Bucks County Area Agency on Aging**  
**30 E Oakland Ave**  
**Doylestown, PA 18901**  
**AAAVouchers@buckscounty.org**

Please see below for USDA Nondiscrimination Statement.

### USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
  
Office of the Assistant Secretary for Civil Rights  
  
1400 Independence Avenue, SW  
  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

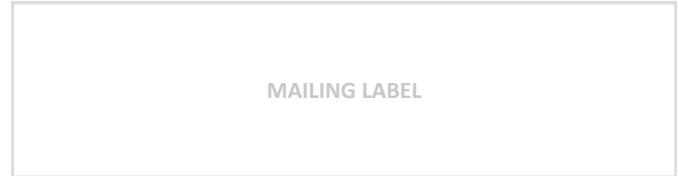
This institution is an equal opportunity provider.

# PENNRIDGE COMMUNITY CENTER

146 E. Main Street  
Perkasie, PA 18944  
(Located on Rt. 113, east of rt. 152)

Phone: 215-453-7027  
215-453-7028  
Fax: 215-453-7029

Email: [manager.pcsc@yahoo.com](mailto:manager.pcsc@yahoo.com)  
Website: [www.pennridgecenter.org](http://www.pennridgecenter.org)



## EMERGENCY CLOSING INFORMATION

Check Channel 69 WFMZ on your TV -  
or check the internet at  
[www.WFMZ.com](http://www.WFMZ.com).

Look for "Pennridge Community".

Local radio stations will announce  
closings by number - Pennridge School  
District is #757.

If the schools are closed, the Center is  
closed. If the schools open late, the  
Center will open late, and if the  
schools close early, the Center will  
close early.

## NEWSLETTER INFO

Our Newsletter is published 6 times a year,  
and is available to all members and commu-  
nity residents

The Pennridge Community Center is one of the four full-service senior citizen centers operated by the Bucks County Association for Retired and Senior Citizens (BCARSC), a non-profit corporation. The BCARSC is funded through the PA Department on Aging, and through self-supporting projects. BCARSC is an equal opportunity employer.

All programs and services provided at the four Centers are offered without regard to race, religion, political affiliation, or personal background.

The Pennridge Community Center serves all citizens ages 55 and older who reside in the boroughs of Dublin, Perkasie, Sellersville, Silverdale, and Telford and the townships of Bedminster, East Rockhill, Hilltown, and West Rockhill.

The Pennridge Community Center is partially funded through the Bucks County Area Agency on Aging, the PA Department on Aging, the Federal Food program, and self-supported projects.

All operational expenses are the responsibility of the Center. The Executive Board, Advisory Board, Center Manager, and Assistant Manager are responsible to pursue all possible sources to generate income.

## 2020 HOLIDAYS

Friday, July 3 - Independence Day

Monday, September 7 - Labor Day

Monday, October 12 - Columbus Day

Tuesday, November 3 - Election Day

Wednesday, November 11 - Veterans Day

Thursday, November 26 - Thanksgiving Day

Friday, November 27 - Day after Thanksgiving

Friday, December 25 - Christmas Day

tmh